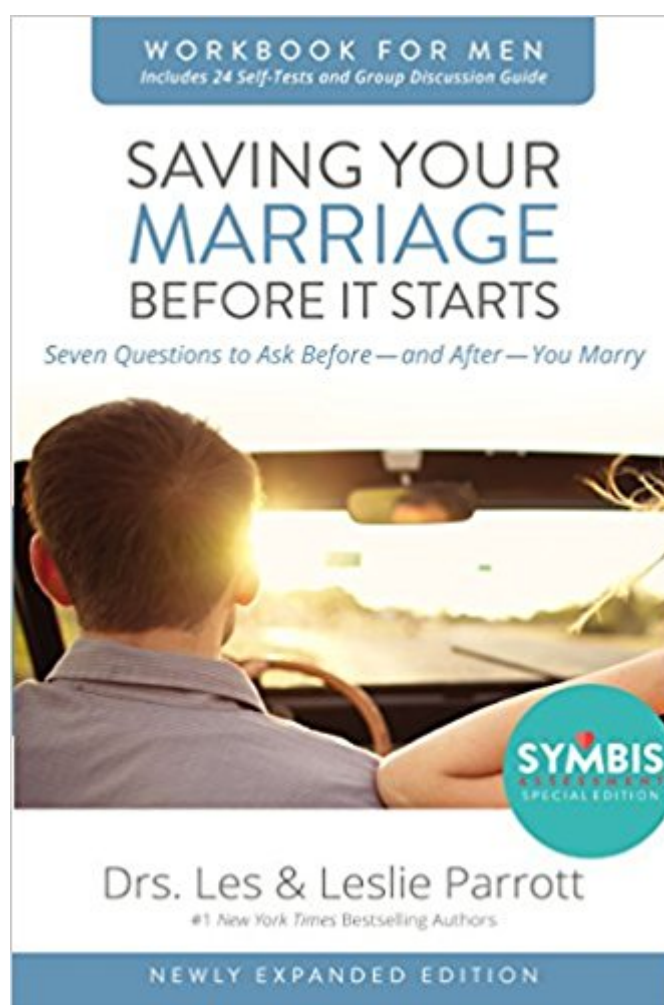


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# Saving Your Marriage Before It Starts Workbook For Men Updated: Seven Questions To Ask Before---and After---You Marry



## Synopsis

The Saving Your Marriage Before It Starts Workbook for Men will help you uncover and understand the unique shaping factors you bring into your marriage both as a woman/man and as an individual. Prepare for some surprising and helpful insights, for honest, intimate, and enjoyable relationship-strengthening conversations with you and your fiancé, and for engaging discussions with a small group. EXERCISES AND ASSESSMENTS – Twenty-four exercises will shed amazing new light on the way you are put together, how that affects specific aspects of how you and your loved one relate, and how you can improve those areas to build a better relationship. You will gain unprecedented insights into your personal “Ten Commandments” making your roles conscious getting your sex life off to a great start identifying your “hot topics” your spiritual journey and much, much more. DISCUSSION GUIDE – Les and Leslie will help both of you enjoy lively and eye-opening interaction through seven sessions and bonus sessions on the DVD. For small groups, individual couples, and pastors and marriage counselors, each session links with the workbook exercises and concludes with an exercise each couple can do together over the next week. <http://www.symbisassessment.com>

## Book Information

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## Customer Reviews

The Saving Your Marriage Before It Starts Workbook for Men will help you uncover and understand the unique shaping factors you bring into your marriage both as a man and as an individual. Prepare

for some surprising and helpful insights; for honest, intimate, and enjoyable relationship-strengthening conversations with you and your fiancée, and for engaging discussions with a small group. **EXERCISES AND ASSESSMENTS** Twenty-four exercises will shed amazing new light on the way you are put together, how that affects specific aspects of how you and your loved one relate, and how you can improve those areas to build a better relationship. You will gain unprecedented insights into \* your personal 'Ten Commandments' \* making your roles conscious \* getting your sex life off to a great start \* identifying your 'hot topics' \* your spiritual journey ... and much, much more **DISCUSSION GUIDE** Les and Leslie will help both of you enjoy lively and eye-opening interaction through seven sessions and one bonus session in the Zondervan DVD. For use by small groups, individual couples, and pastors and marriage counselors. Each session links with the workbook exercises and concludes with an exercise each couple can do together over the next week. --This text refers to an alternate Paperback edition.

A psychologist and a marriage and family therapist, Drs. Les and Leslie Parrott are founders of the Center for Relationship Development at Seattle Pacific University. Their bestselling books include Love Talk, Crazy Good Sex The Complete Guide to Marriage Mentoring, and the award-winning Saving Your Marriage Before It Starts. Their work has been featured in The New York Times and USA Today, and they have appeared on CNN, O'Reilly Factor, Good Morning America, Today Show, The View, and Oprah. They live with their two sons in Seattle. Visit [LesandLeslie.com](http://LesandLeslie.com).

Good, practical advice here. Nothing ground breaking or earth shattering, but this book is filled with some very good reminders that will help you and your partner to build a solid foundation and learn more about each other's wants and needs. This book teaches from a biblical perspective, but the content is a blend of Christian teachings and lessons that would be relatable for non-religious couples, as well. We used these books in conjunction with pre-marital counseling we completed at an area church, and the books had accompanying videos that were awesomely 90's-tastic; though the content was still good.

If there was an overriding theme to this workbook it would be that "Marriage is all about honest and open communication." My wife and I used this workbook and the accompanying book and video series through 7 pre-marriage counseling sessions for a young couple whose wedding I was officiating. We plan on using them again with another pre-marriage couple in the next 2 months. The Parrotts hit all the hot button issues and marriage myths that affect newly wed couples over the first

few years of their marriage. They speak from both their own experiences as well as that of many couples they have counseled. The workbook gets the couples talking about these deep and important issues. It brings to light and shatters negative pre-conceived notions of marital bliss. Marriage is hard work, but if both husband and wife honestly work together at it their relationship will grow deep together and their marriage will be strengthened. I highly recommend this workbook in conjunction with the main book and video series to all couples who are planning to get married.

This workbook and book is one of the best things you can do prior to getting married. It will help you address things you may not think of before walking down that isle and allow you to get rid of false expectations and silent harmful agreements we make internally that can ruin your marriage later on. The more you know, accept, and understand about yourself and one another the more your relationship will be blessed and fruitful.

What a blessing this book has been. A must read for anyone desiring to get married a 2nd time..whether your first marriage ended in death or divorce and especially if you are blending a family. We used this book as a reference prior to getting married the second time and blending a family. Key points to note are taking a personal inventory and responsibility for the end of the first marriage and things you learned, strengths, weaknesses, and communication styles.

Communication is so vital in all relationships, one we tend to take lightly. Assumptions made are often inaccurate, only by communicating and understanding each other will bring you the best results and greatest joy. Personally, I wish I would have read something like this before I married the first time. It would have saved a lot of grief, heartache and I would have had a better understanding of myself. Always always put God first in your marriage. This has to be the foundation or else you can expect your relationship to crumble. A house divided against itself will always fall. Be equally yoked with your husband/wife BEFORE you get married. I never believed I would find true love again, but gave it to GOD and HE put my future husband in my path and there is no denying this was a true miracle for both of us. God bless and keep CHRIST first and all else will follow.

I am a Pastor and I have been using SYMBIS as part of our pre-marital mentoring program for at least 5 years. We use the DVD curriculum along with this workbook, and a few other things to make it fun. I can honestly say that this is a great workbook! It helps cultivate conversation and get talk going about things that many couples overlook before they get married. My wife and I have walked

many couples through pre-marital mentoring for the past 20 years. This has been a great addition to our curriculum!

Got this for my fiancé and the woman's within for me. We are thankful for this tool to prepare us for our married life.

I think this has a lot of practical information, that every couple should hear. Me and my wife used this through our church for pre-marital counseling. It makes you think, and understand your partner's perspective. I like that! I would recommend this book to any couple, but only if you are serious. No book, or counseling is going to change the will of the close minded. That being said, this is a great companion to counseling, or just to further your love of your partner.

Great book! When I was engaged my fiancé and I, we were reading this book and doing the workbook together long distance. We were half a world apart but it brought us so much closer together. It helped put a realistic perspective on married life too. Great advice! Now we are 2 months into our marriage and building on a great foundation with God's help. Note: It's available in different languages including Russian.

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